

# Welcome to Lindy Jazz!

Here are some answers to questions you may have.

## **Venues**

There are 2 classes each week. You're very welcome to come to one or both.

- Tuesdays at Gosforth Parish Hall, South Gosforth NE3 1YT
- Wednesdays at Chester Le Street Community Centre, DH3 3TS

## **What can we expect at Lindy Jazz Club?**

The beginner's lesson starts at 20:30. Please arrive at the venue about 20:15 to register and say 'hello'. You will have the opportunity to practice with your teachers or friends during social dancing from 21:40 pm. There will be music from our swing DJs right through to 22:45 pm. Stay for the class, or the class and social too; it's up to you!

## **How do I get more information?**

If you have any questions during the evening, just ask one of our team members. Do sign up to our newsletter, 'Like' us on Facebook and follow us on Twitter to keep up-to-date with class details, invitations to events and other special offers. There's always something going on. You will also find lots of useful information at: <http://www.lindy-jazz.co.uk/videos> and <https://www.youtube.com/user/LJHQ/videos>

## **How do I book classes?**

There's no need to book. Just come along and your first visit is FREE!

## **What types of dances are available at Lindy Jazz Club?**

The dance is generally known as swing dance. These dance styles exist under the 'umbrella' term of swing dance: Lindy Hop, Charleston, Blues and Balboa. We offer Lindy Hop and Charleston at our weekly classes. You'll come across a mixture of these styles at social dances all over the world. The swing dance craze started in the USA and swing dancing is now very popular all over the world.

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**How easy is it to learn?**

We ensure that our classes are easy to understand and the steps are easy to follow. If you can walk and you are open to having a go, you're on to a winner! We explain everything step by step and in about an hour, you'll be able to dance.

**What kind of music do you dance to?**

We dance to vintage jazz music from the 1920s to 1950s e.g. Louis Armstrong, Count Basie, Ella Fitzgerald and Glenn Miller.

**What attire do you recommend?**

We recommend coming in casual clothes and flat or low-heeled shoes with a smooth sole. You won't find it easy to dance in very tight or warm clothes, wearing stiletto heels or walking boots. So come along wearing comfortable, casual clothes and comfortable shoes.

**Do you need to come with a partner?**

No, you don't need to come with a partner. Come on your own, with a partner or with friends. The Lindy Jazz team will make sure everyone feels welcome and we all dance with each other.

**Is it a high-intensity dance/do you need good fitness levels?**

The beginner class is very low-intensity and throughout all classes we offer options so everyone can choose how energetic they want to be. Lindy Jazz is not a fitness class. It is aimed at helping you to learn to dance for social events e.g. band nights. You may get some fitness benefits but we teach everyone how to dance effortlessly!

**Can you talk us through a typical class?**

When you arrive at about 20:15, you'll meet the Lindy Jazz team who will register your details. You can then help yourself to free tea/coffee. The class starts at 20:30 with a few easy warm up steps where you're shown everything step by step with plenty of practice in between.

There is a team of teachers who will go round and help everyone to practice. All this time, you're moving to the best jazz tracks as our resident swing DJs help to ensure that it's not just a lesson but also a great social night.

At 21:40, it's social dancing time where you can help yourselves to tea and coffee and chat about how you got on or try out the moves with each other. You can stay for just the class, or the class and social too; it's up to you.

**What happens at the end of the 6 lessons?**

At the end of your 6 lessons we'd love you to keep coming to Lindy Jazz! Our membership options are as follows:

1. Drop In - You pay £10 on the door as and when you attend.
2. Six Appeal - £45 for 6 sessions (£7.50 per visit)
3. Dirty Dozen - £80 for 12 sessions (£6.70 per visit)
4. Two to Tango - Sign up with a friend and get 12 sessions for £70pp (£5.80 per visit)

As you can see, there are plenty of savings to be made!

Also, hang on to the leaflet you're given on your first visit. There's a voucher in there that entitles you to one free visit when you introduce a friend to Lindy Jazz and don't forget, their first visit is free as well!!!

Looking forward to meeting you soon!

**Lucy Smith**  
**Events and Communications Officer**  
**Lindy Jazz**



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